



# Finsbury Park Cycling Club

## Results of

### The Finsbury Park CC "Hilly" 10 Mile Time Trial

'For and on behalf of Cycling Time Trials under their Rules & Regulations'

Group 1 qualifier of the SPOCO South East series, event 5  
of the London North DC Millennium series & WERL TT league qualifier

**Saturday 16<sup>th</sup> April 2016**  
**Course F7B/10**

Year four of the Finsbury Park CC Hilly saw fewer riders than the previous year turning out to tackle the Little Switzerland course but still attracted some of this year's best and improving testers. Rain and reported sleet just before the start wasn't enough to put off the local riders and that was the case for the winner, a magnificent ride by **Gray Turnock** of Finsbury Park CC in a time of **24:01**. Tim Davies 43 seconds behind took second spot and Andy Digby stripping over two and half minutes from last years' time in third place.

**Annabel Sill** Welwyn Wheelers went one better than last year to take the Ladies first prize in a time of 28:39 knocking almost a minute off her previous year's best. Also shortening her course best time was second lady Tracy Van Der Merwe closely followed by Lauren Higham in third, the only junior to attempt the course this year with an excellent performance – Lauren wins a spot prize donated by the time keepers and catering to encourage junior and female participation in cycling sport.

First in the 50+ category was Peter Anstey Welwyn Wheelers and this year's team event was won by the hosts Finsbury Park CC with top 10 rides from Andy Turnock and Phil Murrell contributing to Gray Turnock's winning time.

**A very big Thank You to**...the timekeepers Mike Keen and Frida Wezel, Chief Marshall Kevin Megan, Vince Freely signage, catering team Pat, Gerry and Nicki and to all that contributed cakes – quite a few! A special thanks to all the volunteer marshals and helpers on the day that made the event possible, without their dedication and time the sport wouldn't survive.

One last important mention to Alec Cliff who sadly passed away just before the event, Alec supported our race in the first few years as timekeeper so I want to dedicate this year's race to him.

## Prize Winners & Results

Congratulations to all winners, one person one prize except for the team...

**1<sup>st</sup> £15 – Gray Turnock – Finsbury Park CC – 24:01**

**2<sup>nd</sup> £10 – Tim Davies – Icknield RC – 24:44**

**3<sup>rd</sup> £5 – And Digby – Welwyn Wheelers – 24:56**

**1<sup>st</sup> Lady £10 – Annabel Sill – Welwyn Wheelers – 28:39**

**2<sup>nd</sup> Lady £5 – Tracy Van Der Merwe – Finchley RT – 30:30**

**1<sup>st</sup> Vet 50+ £5 – Peter Anstey – Welwyn Wheelers – 28:05**

**Spot prize £5 – Lauren Higham - Welwyn Wheelers – 30:39**

**1<sup>st</sup> Team £5 each – Finsbury Park CC – Gray Turnock, Andy Turnock, Phil Murrell**

**01:16:10**

Position	Name	Cat	Club	Time
1	Gray Turnock	V	Finsbury Park CC	00:24:01
2	Tim Davies	V	Icknield RC	00:24:44
3	Andy Digby	S	Welwyn Wheelers	00:24:56
4	Matt Dunsbier	V	Veloton Team	00:25:01
5	Andrew Turnock	V	Finsbury Park CC	00:26:02
6	Philip Murrell	V	Finsbury Park CC	00:26:07
7	Joshua Vinden	S	Hemel Hempstead CC	00:26:28
8	Dominic Bray	V	Finsbury Park CC	00:26:44
9	Owen Wilkins	V	London Phoenix CC	00:26:53
10	Richard Webster	V	Green Arrow CRT	00:26:55
11	Jeremy Greenwood	V	Finsbury Park CC	00:27:21
12	Neil Wood	V	Dig Deep Coaching	00:27:42
13	Oren Peleg	V	Regents Park Roulers	00:27:45
14	Nick White	V	East London Velo	00:28:06
15	Jamie Kennell-Webb	S	CC Islington	00:28:07
16	Neal Marrin	V	Finsbury Park CC	00:28:29
17	Annabel Sill	W	Welwyn Wheelers	00:28:39
18	Nick Sexton	S	Islington CC	00:29:09
19	Anthony Collier	S	Hoddesdon Tri Club	00:29:14
19	Gareth Davies	V	London Phoenix CC	00:29:14
21	Chris Jones	S	Icknield RC	00:29:35
22	Carl Stephens	V	Basildon CC	00:30:08
23	Tracy Van Der Merwe	WV	Finchley Racing Team	00:30:30
24	Lauren Higham	WJ	Welwyn Wheelers	00:30:39
25	Andrew Brown	V	Welwyn Wheelers	00:31:05

26	Peter Anstey	V	Welwyn Wheelers	00:32:05
27	Martin Webb	V	Icknield RC	00:34:26
28	Matt Price	S	Icknield RC	00:34:58
29	Andrew Porter	V	Welwyn Wheelers	00:37:20
DNF	Gianpiero Altomare	V	Whitewebbs CC	DNF
DNS A	Gavin Lewis	S	North Road CC	DNS A
DNS A	Christina Lankford	WV	Cambridge Triathlon Club	DNS A
DNS A	Stephen Campbell	V	Twickenham CC	DNS A
DNS A	Gary Wood	V	Maldon & District CC	DNS A
DNS A	Desmond Gaylor	V	Kenton RC	DNS A
DNS A	Susan Wood	WV	Hadleigh MB Club	DNS A
DNS A	George Brisco	V	CC London	DNS A
DNS A	Will Weichhart	V	Becontree Wheelers CC	DNS A
DNS	Daniel Diaz	S	CC London	DNS
DNS	Matthew Bond	S	Kenton RC	DNS
DNS	Ross Clarke	S	TMG Horizon Cycling	DNS

### **Sponsored clubs**

Dig Deep Coaching - Pactimo  
 Finchley Racing Team – Shorter Rochford Cycles  
 TMG Horizon Cycling Team – TMGpro.cc  
 Veloton Team – Veloton Cycle shop