

Derny training day – Saturday 25th June 2016, Palmer Park Sports Stadium (Reading Velodrome), Reading, Berkshire, RG6 1LF. Tel: 0118 937 5080

Prospectus:

This will be an intense practical, interactive course - lots of Derny time.

The course will start at 1-30pm and end at 5-00pm.

Applicants will require a minimum of BC Silver membership to qualify for an award.

Awards, following a satisfactory assessment, will be BC Motor Pace "C" or "B" or a referral for more training.

Our aim is to qualify competent pacers - not fail them!

Cost will be £25.00 each - to cover track hire & derny hire and fuel costs.

Followers, with track experience, will be welcome from 14:30 – for free follower training!

Lunch is not provided - bring your own.

Tutors will be: Pip Taylor, Graham Bristow, Malcolm Freeman, assisted by experienced pacers including Francis Gallacher and Seán Bannister who helped to write the British Cycling Derny Driver (Pacer) training resource and manual.

Derny's are hired with thanks to Reading Velodrome Racing.

Participants, depending on final numbers, will be divided into two or three working groups, each led by a Tutor.

Track activities will proceed on a "one group on, one/two groups off" basis.

Off time will be very busy with de-brief, interactive discussion and brief for the next exercise.

Activities will be tailored to meet needs and abilities of the participants in each group.

Acceptance will be on a first come first served basis - the course has not been run at a South of England track since 2013.

Application form: To be emailed to peekassociates@btinternet.com. The full fee paid by Saturday 28 May 2016 September via BACS or Cheque.

Name:

Address:

Phone: (Home & Mobile)

Email:

British Cycling membership number:

Cycling experience:

Payment To: Peek Associates Limited, Willoughby, 6 Moorlands Close, Fleet, Hampshire, GU51 3PL.
E: peekassociates@btinternet.com,
Home Tel; 01252 627747 M; 07802 260022.

By cheque made out to Peek Associates Limited or BACS transfer to :

Name: Peek Associates Limited
Bank: Lloyds TSB
Account number: 00839028
Sort code: 30-93-32