

Welwyn Wheelers

Promoting Club

George Herbert Stancer GHS London North District Time Trial Championships Sunday 19th June 2015

(Closing date: 5th June 2015)

Entries to: Francis Gallacher, 110 Bull Stag Green, Hatfield AL9 5DE
Entries accepted on official GHS Entry Forms Only

George Herbert Stancer OBE (1878 – 1962)

The George Herbert Stancer 10 mile Time Trial Championship is named in tribute to a man of many talents. George Herbert Stancer or GHS as he was known, in the early years was a nationally renowned performer on both cycle and tricycle; holding both titles & records. Throughout his career he was a leading administrator of the sport, taking over the presidency of the CTC in 1920 at a time when the membership was only about 8,500.

Almost from the day he took over the membership the membership started to grow again, and he had the satisfaction of seeing it rise to over 50,000 before his retirement in 1945.

GHS was also, for several years, editor of cycling magazine and he continued to be active in the sport until his death in 1962. After his death a trust fund was established with the aim of promoting and encouraging participation amongst the young. To this end the National Schools 10 mile Championship was formed and later adopted by the RTTC in 1970.

We hope you enjoy your participation in this year's GHS Championships.



George Herbert Stancer

Rider Age category:

Riders who have attained 12 years of age on the day of the District Championships but are under 17 years of age on the 31st August

Further information: www.cyclingtimetrials.org.uk or www.welwynwheelers.org.uk

Course details:

The start at Cole Green is situated to the West of Hertford off the A414. Heading west from Hertford, along the A414 turn left at the roundabout at the junction with the B195. You will then shortly come into **Cole Green** and the start area. **(Please note there are no changing facilities at this event).**

Course Description

Start (OS166 TL282115) at lamppost 116 in Old Coach Road (old A414) at Cole Green. Proceed East through Birch Green and Staines Green to junction on outskirts of Hertingfordbury. Turn left and immediately left again to join A414 dual-carriageway. Continue to RAB junction of A414/B195 where turn left to complete circuit. Complete two more circuits and finish in Old Coach Road approx 350yds beyond start. The finish is marked by a chequer board and white line on the road at the point where the grass verge ends and the path becomes adjacent to the road.

Each lap is approx. 3.25 miles with the finish some 350 yards after the start to give a total distance of just under 10 miles. **Please take care at the two left turns at Hertingfordbury, especially that onto the A414 dual-carriageway.**

Give priority to traffic from your right; signal clearly to other road users the course you are intending to take. **Safety – not your performance – is the first priority.**

Helmets must be worn by all riders *(See Rider Note below)

Entry fee: £5.00 (Cheques made payable to Welwyn Wheelers)

Francis Gallacher
Promoting Secretary
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Riders Please Note:

CTT Note on Protective Helmets for U18's

15. Protective Helmets

All competitors under the age of 18 years and / or Juniors must wear a properly affixed helmet which must be of hard / soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078. It is the responsibility of the rider (or parent or guardian if the rider is under 18 years of age) to:

- (a) Select a Helmet that offers protection against head injury and does not restrict the rider's vision or hearing.
- (b) Ensure that the helmet is properly fitted, is undamaged and in good condition.

Footnotes: (i) *Any helmet which suffers damage (e.g. in the case of an accident or through mishandling) may no longer afford the same level of protection.*

(ii) *Cycling Time Trials makes no warranties or representations regarding the adequacy of any standard or the fitness for the purpose of any brand of helmet and will not accept any claims arising from the use of any particular helmet.*

(iii) *The current British Standard BS 6863 is primarily intended for use by young riders and is not intended to provide a complete specification for helmets for high speed or long distance riding*

