

Derny Driver Accreditation form Skills log



Clothing: (B & C accreditation)			
Protective headgear <input type="checkbox"/>	Protective eyewear <input type="checkbox"/>	Clothes <input type="checkbox"/>	Footwear <input type="checkbox"/>
Machine check: (B & C accreditation)			
Controls <input type="checkbox"/>	brakes & speed control <input type="checkbox"/>	Fuel tank <input type="checkbox"/>	
fuel and fuel supply on/reserve/off valve <input type="checkbox"/>		Fuel operations <input type="checkbox"/>	including storage and fire hazards <input type="checkbox"/>
Fuel level <input type="checkbox"/>	Chain tension <input type="checkbox"/>	Tyre condition and pressures <input type="checkbox"/>	Speedo calibration <input type="checkbox"/>
Starting & stopping procedures (B & C accreditation)			
Starting:	Fuel on <input type="checkbox"/>	Prime/choke <input type="checkbox"/>	Select small amount of throttle <input type="checkbox"/>
Push Derny up to starting speed <input type="checkbox"/>	Engage clutch/Start <input type="checkbox"/>	Look over shoulder/take safe position on track <input type="checkbox"/>	
Stopping:	Accelerate away from rider <input type="checkbox"/>		Close throttle <input type="checkbox"/>
Brake <input type="checkbox"/>	Engage clutch/decompress engine to stop engine <input type="checkbox"/>		
Park Derny and switch of fuel supply <input type="checkbox"/>		Refuel if necessary <input type="checkbox"/>	
Practice laps (B & C accreditation)			
on track at medium pace and on black, red and blue lines <input type="checkbox"/>		Explore all areas of the track at different speeds <input type="checkbox"/>	
Risk (B & C accreditation)			
Communication <input type="checkbox"/>	To speed up – “ALLEZ”. <input type="checkbox"/>	To slow down – “HO”. <input type="checkbox"/>	
The pacer must remain alert to his follower’s situation at all times by:			
Looking over his shoulder at least once a lap without wandering from the pacing line to check that the follower is still there, especially on the bankings. <input type="checkbox"/>			
Developing peripheral vision to check on his follower and the positions of other pacers/followers. <input type="checkbox"/>			
The noise from other Dernys also indicates their proximity. <input type="checkbox"/>		Clear briefing of followers and pacers before a pacing session <input type="checkbox"/>	
Pacing/riding skills: (B & C accreditation)			
Riding position – sitting upright, heels on pedals & knees out gives the rider maximum protection. <input type="checkbox"/>		Use of throttle, brakes and pedals to regulate speed. <input type="checkbox"/>	
Pace judgement compatible with the exercise. <input type="checkbox"/>		Holding a smooth line to give the rider a comfortable ride <input type="checkbox"/>	
No sudden manoeuvres <input type="checkbox"/>	Awareness and monitoring of all other pacers and followers on the track. <input type="checkbox"/>		
Use of recognised signals. <input type="checkbox"/>		Understanding of local protocol/track limits <input type="checkbox"/>	
Pacing/riding skills: (B accreditation)			
Only pass other Dernys/riders on the outside. NEVER pass on the inside <input type="checkbox"/>		Allow safe clearance space to rider after overtaking manoeuvres. (Don’t cut in) <input type="checkbox"/>	
Develop “peleton” (group) pacing skills, riding 2/3/4 abreast <input type="checkbox"/>			
LOG SHEET			

