Derny Driver Accreditation form Skills log



Clothing: (B & C accreditation)										
Protective headgear	Protec	tive eyewear	Clothes [Footwear					
Machine check: (B & C accreditation)										
Controls D brakes & spe			ed control		Fuel tank					
fuel and fuel supply on/reserve/off valve			Fuel operations		including storage and fire hazards					
Fuel level	Cha	ain tension 🗌	Tyre condition and pressures ☐		Speedo calibration					
Starting & stopping procedures (B & C accreditation)										
Starting:	Fuel on		Prime/choke		Select small amount of throttle					
Push Derny up to starting sp	peed 🗌	Engage clu	tch/Start I I		over shoulder/take safe position on track					
Stopping:		Accelerate awa	ay from rider 🗌		Close throttle					
Brake 🗌		Engage clutch/decompress engine to stop engine			p engine					
Park Derny and swit	tch of fuel	supply 🗌	Refuel if necessary							
Practice laps (B & C accreditation)										
on track at medium pace and on black, red and blue lines ☐			Explore all areas of the track at different speeds							
Risk (B & C accreditation)										
Communication To speed up			– "ALLEZ". ☐ To slow down – "HO". ☐							
The pacer must remain alert to his follower's situation at all times by:										
Looking over his shoulder at least once a lap without wandering from the pacing line to check that the follower is still there, especially on the bankings.										
Developing peripheral vision to check on his follower and the positions of other pacers/followers.										
The noise from other De proxim	indicates their	Clear briefing of followers and pacers before a pacing session								
Pacing/riding skills: (B & C accreditation)										
Riding position – sitting u knees out gives the rider		Use of throttle, brakes and pedals to regulate speed.								
Pace judgement compatible with the exercise.			Holding a smooth line to give the rider a comfortable ride							
No sudden manoeuvres⊡	areness and monito	ring of all other pacers and followers on the track.								
Use of recognised signals. ☐			Understanding of local protocol/track limits							
Pacing/riding skills: (B accreditation)										
Only pass other Dernys/ride pass on the		outside. NEVER	Allow safe clearance space to rider after overtaking manoeuvres. (Don't cut in)							
Develop "peleton" (group) pacing skills, riding 2/3/4 abreast										
LOG SHEET										

Name of Driver:									
Name of Instructor/Assessor:				Assessor:					
C Grade					B Grade				
Mentoring session dates:		Instructors name		rs name:	Instructors signature:				
1									
2									
2									
3									
Assessment/ session "C			ate:		Assessors name:		Assessors signature:		
Approval of C accreditation									
Assessment/ session "E		d	ate:		Assessors signature:		Assessors signature:		
Approval of B accreditation									
Retest Date:				(Qualification lasts three years)					
Comments:									
Instructor/Assessor to send this form to Paul West, British Cycling, National Cycling Centre, Stuart Street, Manchester M11 4DQ									

ORIENTATION:

Before racing, pacers must familiarise themselves with any different Derny, track and prevailing conditions.

This vital orientation can be achieved during a pre-race warm up.

For reference, orientation is achieved in three areas; **Derny**, **Track** and **Prevailing conditions**.

A simple check list is:

Derny: Covered by; Machine check, Starting & stopping procedures and Stopping as listed above plus individual Derny handling characteristics.

Track: Size, straights, transitions, bankings, width and surface characteristics.

Prevailing conditions: Wind strength, direction and gusts. Turbulence and slipstreaming effects from other Dernys and followers. Local protocols.