



# Finsbury Park Cycling Club

## Results of

### The Finsbury Park CC "Hilly" 10 Mile Time Trial

'For and on behalf of Cycling Time Trials under their Rules & Regulations'

**Group 1 qualifier of the SPOCO South East series, event 5  
of the London North DC Millennium series & WERL TT league qualifier**

**Saturday 16<sup>th</sup> April 2016  
Course F7B/10**

Year four of the Finsbury Park CC Hilly saw fewer riders than the previous year turning out to tackle the Little Switzerland course but still attracted some of this year's best and improving testers. Rain and reported sleet just before the start wasn't enough to put off the local riders and that was the case for the winner, a magnificent ride by **Gray Turnock** of Finsbury Park CC in a time of **24:01**. Tim Davies 43 seconds behind took second spot and Andy Digby stripping over two and half minutes from last years' time in third place.

**Annabel Sill** Welwyn Wheelers went one better than last year to take the Ladies first prize in a time of 28:39 knocking almost a minute off her previous year's best. Also shortening her course best time was second lady Tracy Van Der Merwe closely followed by Lauren Higham in third, the only junior to attempt the course this year with an excellent performance – Lauren wins a spot prize donated by the time keepers and catering to encourage junior and female participation in cycling sport.

First in the 50+ category was Peter Anstey Welwyn Wheelers and this year's team event was won by the hosts Finsbury Park CC with top 10 rides from Andy Turnock and Phil Murrell contributing to Gray Turnock's winning time.

**A very big Thank You to**...the timekeepers Mike Keen and Frida Wezel, Chief Marshall Kevin Megan, Vince Freely signage, catering team Pat, Gerry and Nicki and to all that contributed cakes – quite a few! A special thanks to all the volunteer marshals and helpers on the day that made the event possible, without their dedication and time the sport wouldn't survive.

One last important mention to Alec Cliff who sadly passed away just before the event, Alec supported our race in the first few years as timekeeper so I want to dedicate this year's race to him.

## Prize Winners & Results

Congratulations to all winners, one person one prize except for the team...

**1<sup>st</sup> £15 – Gray Turnock – Finsbury Park CC – 24:01**

**2<sup>nd</sup> £10 – Tim Davies – Icknield RC – 24:44**

**3<sup>rd</sup> £5 – And Digby – Welwyn Wheelers – 24:56**

**1<sup>st</sup> Lady £10 – Annabel Sill – Welwyn Wheelers – 28:39**

**2<sup>nd</sup> Lady £5 – Tracy Van Der Merwe – Finchley RT – 30:30**

**1<sup>st</sup> Vet 50+ £5 – Peter Anstey – Welwyn Wheelers – 28:05**

**Spot prize £5 – Lauren Higham - Welwyn Wheelers – 30:39**

**1<sup>st</sup> Team £5 each – Finsbury Park CC – Gray Turnock, Andy Turnock, Phil Murrell**

**01:16:10**

| Position | Name                | Cat | Club                 | Time     |
|----------|---------------------|-----|----------------------|----------|
| 1        | Gray Turnock        | V   | Finsbury Park CC     | 00:24:01 |
| 2        | Tim Davies          | V   | Icknield RC          | 00:24:44 |
| 3        | Andy Digby          | S   | Welwyn Wheelers      | 00:24:56 |
| 4        | Matt Dunsbier       | V   | Veloton Team         | 00:25:01 |
| 5        | Andrew Turnock      | V   | Finsbury Park CC     | 00:26:02 |
| 6        | Philip Murrell      | V   | Finsbury Park CC     | 00:26:07 |
| 7        | Joshua Vinden       | S   | Hemel Hempstead CC   | 00:26:28 |
| 8        | Dominic Bray        | V   | Finsbury Park CC     | 00:26:44 |
| 9        | Owen Wilkins        | V   | London Phoenix CC    | 00:26:53 |
| 10       | Richard Webster     | V   | Green Arrow CRT      | 00:26:55 |
| 11       | Jeremy Greenwood    | V   | Finsbury Park CC     | 00:27:21 |
| 12       | Neil Wood           | V   | Dig Deep Coaching    | 00:27:42 |
| 13       | Oren Peleg          | V   | Regents Park Roulers | 00:27:45 |
| 14       | Nick White          | V   | East London Velo     | 00:28:06 |
| 15       | Jamie Kennell-Webb  | S   | CC Islington         | 00:28:07 |
| 16       | Neal Marrin         | V   | Finsbury Park CC     | 00:28:29 |
| 17       | Annabel Sill        | W   | Welwyn Wheelers      | 00:28:39 |
| 18       | Nick Sexton         | S   | Islington CC         | 00:29:09 |
| 19       | Anthony Collier     | S   | Hoddesdon Tri Club   | 00:29:14 |
| 19       | Gareth Davies       | V   | London Phoenix CC    | 00:29:14 |
| 21       | Chris Jones         | S   | Icknield RC          | 00:29:35 |
| 22       | Carl Stephens       | V   | Basildon CC          | 00:30:08 |
| 23       | Tracy Van Der Merwe | WV  | Finchley Racing Team | 00:30:30 |
| 24       | Lauren Higham       | WJ  | Welwyn Wheelers      | 00:30:39 |
| 25       | Andrew Brown        | V   | Welwyn Wheelers      | 00:31:05 |

|       |                    |    |                          |          |
|-------|--------------------|----|--------------------------|----------|
| 26    | Peter Anstey       | V  | Welwyn Wheelers          | 00:32:05 |
| 27    | Martin Webb        | V  | Icknield RC              | 00:34:26 |
| 28    | Matt Price         | S  | Icknield RC              | 00:34:58 |
| 29    | Andrew Porter      | V  | Welwyn Wheelers          | 00:37:20 |
| DNF   | Gianpiero Altomare | V  | Whitewebbs CC            | DNF      |
| DNS A | Gavin Lewis        | S  | North Road CC            | DNS A    |
| DNS A | Christina Lankford | WV | Cambridge Triathlon Club | DNS A    |
| DNS A | Stephen Campbell   | V  | Twickenham CC            | DNS A    |
| DNS A | Gary Wood          | V  | Maldon & District CC     | DNS A    |
| DNS A | Desmond Gaylor     | V  | Kenton RC                | DNS A    |
| DNS A | Susan Wood         | WV | Hadleigh MB Club         | DNS A    |
| DNS A | George Brisco      | V  | CC London                | DNS A    |
| DNS A | Will Weichhart     | V  | Becontree Wheelers CC    | DNS A    |
| DNS   | Daniel Diaz        | S  | CC London                | DNS      |
| DNS   | Matthew Bond       | S  | Kenton RC                | DNS      |
| DNS   | Ross Clarke        | S  | TMG Horizon Cycling      | DNS      |
|       |                    |    |                          |          |

### Sponsored clubs

Dig Deep Coaching - Pactimo  
 Finchley Racing Team – Shorter Rochford Cycles  
 TMG Horizon Cycling Team – TMGpro.cc  
 Veloton Team – Veloton Cycle shop