

YOUTH SPORT TRUST

NATIONAL TALENT CAMP

18-21 December 2015 Loughborough University



Funded by Sport England, and delivered in partnership with Loughborough University, the National Talent Camp aims to support the most promising young coaches, athletes, and officials, aged 14-19 years, to develop their skills and be inspired and motivated about where their talent can take them. Through the experience, attendees are challenged to develop a holistic view of their own performance. 350 young sports coaches, athletes, and officials from 10 sports will be selected to attend and take part in the programme through their National Governing Body of Sport.

National Talent Camp is a 4 day residential programme delivered through sessions that focus on performance philosophy, taking ownership of behaviours, managing emotions and understanding the value and importance of operating to high standards. Camp is designed to support attendees to develop within their role, sport, and collectively as a team, through a mixture of theory and practice so that:

- **Young coaches** will learn how to create an environment where participants are valued, motivated and excited about taking part in sport.
- **Young officials** will develop their ability to make correct decisions and promote fair play.
- **Young athletes** will be challenged on the hunger and humility to be the best.

Sports engaged in the 2015 National Talent Camp include:

- Amateur Swimming Association
- British Cycling
- The Football Association
- Baseball/Softball UK
- Table Tennis England
- England Boccia
- Tennis Foundation
- Wheelchair Basketball
- Basketball England
- Volleyball England

Friday 18 December

10:30 11:30	Registration
11:30 13:30	Lunch and workshops
13:30 14:30	Opening Ceremony
14:30 18:30	Workshops
18:30 19:30	Dinner
19:30 21:30	Workshops

Saturday 19 December

07:15 08:00	Morning Circuits
08:15 09:15	Breakfast
09:45 17:30	Workshops
17:45 18:45	Dinner
19:00 21:00	Mini Keynote

Sunday 20 December

07:15 08:00	Morning Circuits
08:00 09:00	Breakfast
09:30 18:00	Workshops
18:00 19:15	Dinner
19:30 21:30	Workshops

Monday 21 December

07:15 08:00	Morning Circuits
08:00 09:15	Breakfast
09:30 12:30	Workshops
12:45 13:45	Christmas lunch
14:00 15:00	Workshops
15:15 16:00	Closing Ceremony
16:00	Camp Departure

